



JVB Houston Presents



## PREKSHA MEDITATION CAMP

# Healing Power of Preksha Meditation

*A two day in depth practice of Preksha or self-perception to connect with your soul and elevate consciousness. This blissful meditation purifies emotions and nullifies negative vibes. Join us in a journey far beyond conditioned mind, beyond thought & form to discover true being in yourself*

**Under spiritual guidance of**

*Samani Akshay & Kanchan Pragyaji  
Samani Vinay & Pranav Pragyaji*



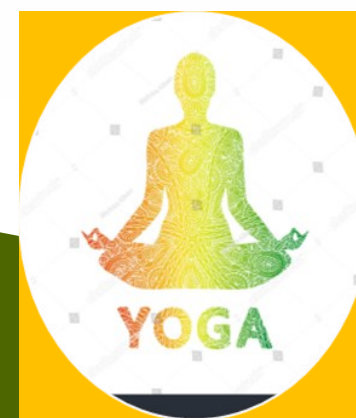
**September 1-2, 2018, 9am to 5pm**

### Preksha meditation is

- ♦ Silent observation
- ♦ Mantra meditation
- ♦ Color meditation
- ♦ Relaxation techniques
- ♦ A path to self realization
- ♦ A path to eternal Joy

### Enrich your life

- ♦ Calm down emotional turmoil
- ♦ Enhance intuition & concentration
- ♦ Enrich immune system
- ♦ Improve vital energy
- ♦ Get rid of harmful habits
- ♦ Awaken the energy & bliss within



**Fees - \$75 per attendee\***

**Register @ [www.jvbhouston.org](http://www.jvbhouston.org)**

**Venue @ 14102 SCHILLER ROAD, HOUSTON, TX (The Pyramid Hall)**

*\*Includes Lunch, Tea & Snacks \*Adults only*

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